



MENTAL HEALTH FIRST AID



Amazing Opportunity!!

Mental Health First Aid is an international program designed to teach people a five-step action plan that can be used to help someone experiencing a mental health crisis. Mental Health First Aid also gives us the tools we need to be able to recognize when someone might need help. Through the 12-hour curriculum, Mental Health First Aid serves the dual purpose of increasing mental health knowledge in the community as well as helping to connect people with care for their mental health issues.

Ideal for Everyone Including:
Veterans
Medical Professionals
Family Members
Faith Community Members
Social Service Agencies

Mental Health First Aid in 2011

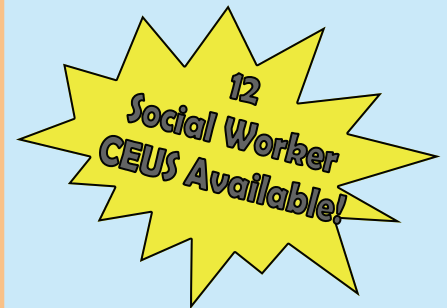
Location: 38855 Hills Tech Drive, Farmington Hills, MI 48331

Time: 9:30—4:30 on both days

Cost: \$30—includes manual, lunch on both days, and CEUs.

Upcoming Dates

- Thursday & Friday January 27-28
- Thursday & Friday March 24-25
- Thursday & Friday May 19-20
- Thursday & Friday July 28-29
- Thursday & Friday September 22-23



Questions??
Contact
Amy Yashinsky
ayashinsky@cnsmi.org
248 . 871 . 1403

Registration Form

Last Name:	First Name:
E-mail:	Phone:
Street Address:	
City:	Zip:
Agency Affiliation (if applicable):	Training Dates (i.e. January 27-28):

Payment can be in the form of check or cash. Checks should be made out to Community Network Services.

Registration can be mailed or faxed to:

Attn: Janine Bennett . 38855 Hills Tech Drive . Farmington Hills, MI 48331 OR Fax: 248 . 994 . 4612

Payment must be mailed and received no less than two weeks prior to training to ensure a space in the training